

# Better Care Close to Home – Thanks to You



## Your Support Makes Better Medicine Possible in the North Suburbs

Northwestern Medicine Lake Forest Hospital is a state-of-the-art facility that is committed to delivering world-class medicine to the community and patients we serve.

Generous donors like you make leading-edge care possible. You help us bring new discoveries and more innovative treatments to more patients across Chicagoland and around the world.

Thanks to your support, *U.S. News & World Report*, 2021 – 2022, ranked Lake Forest Hospital No. 15 in Illinois among more than 200 hospitals.

Keep reading to learn how you make Lake Forest Hospital better.

## Dan Gets Back on a Bike



Dan Sternberg, age 73, was on track to bike 1,000 cumulative miles by the Fourth of July. But at the end of June, with just 50 miles to go, he went to the Northwestern Medicine Lake Forest Hospital Emergency Department with chest pain.

After a variety of diagnostic procedures, Dan took a stress test, which involved running on a treadmill to see how well his heart responded to cardiovascular exercise. The battery of tests revealed that Dan had a 99% blockage in his heart's left anterior descending artery, a condition frequently associated with fatal heart attacks.

The next morning, Dan underwent an angioplasty, which is a procedure to place a stent, or a tiny metal tube, into the blocked artery. The procedure restored blood flow through the artery.

**“When I got to the Emergency Department at Lake Forest Hospital, I’ve never had so many people pay attention to me at once,”** says Dan. **“The team was terrific.”**

Just 10 days after his angioplasty, Dan successfully reached his goal: 1,000 miles on his bike. He remains physically active and is enjoying time with his wife, five children and 13 grandchildren.

## Your Impact



Northwestern Medicine Lake Forest Hospital is ranked No. 13 in the Chicago Metro Area



# 110,038

Patients cared for in the last year



# \$23

Helps provide a ride to treatment for a patient with cancer



## New Physician Makes an Impact

Amanda E. Mueller, MD, is a general surgeon who joined the Lake Forest Hospital staff on September 1. She completed her bachelor's degree at DePaul University, medical degree at University of Wisconsin-Madison, residency at Emory University, and a fellowship at University of California, San Francisco. She frequently uses the DaVinci surgical robot, which allows her to perform complex operations through small incisions, enabling patients to recover faster and with less pain. Her current research involves integrating artificial intelligence and virtual reality into robotic surgical systems, and she participates on a national robotic surgery committee.

## Supporting Patients With Cancer



The Lake Forest Hospital Oncology team provides essential supportive services to patients and their families throughout their cancer journey. Thanks to philanthropic support, patients have access to music therapy, nutrition services, therapeutic massage and stress management at no cost. Donations have also helped fund a specialized social worker and transportation for patients unable to drive to their appointments.

## Award-Winning Cardiovascular Care

For the third year in a row, Lake Forest Hospital was selected to receive the National Cardiovascular Data Registry's Chest Pain – MI Registry Platinum Performance Achievement Award. This award is given to recognize the commitment and success in implementing a higher standard of care for heart attacks. To receive this award, Lake Forest Hospital sustained achievement in the Chest Pain – MI Registry and performed at the top level of standards for performance measures.



## A Legacy of Philanthropy: Larry and Pam Zall

Larry and Pam Zall first started supporting Lake Forest Hospital more than 10 years ago. As dedicated Lake Forest community members, the Zalls feel privileged to give back to their community hospital. They learned about generosity from their parents, and they instill in their children the same passion for giving. Larry and Pam are proud to support Northwestern Medicine as a leading academic health system. They have a particular interest in supporting the lung cancer screening program. When a friend of theirs recently benefited from the program, it confirmed the impact of their philanthropy.

“It is a nice legacy to be able to improve lives through philanthropy,” say the Zalls.

